

RUSH COUNTY

PARENTING RESOURCES

Building effective parenting skills and a system of good support for families.



Updated October 2014

www.extension.purdue.edu/rush

www.rush2health.org

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I. Education & Recreation

PURDUE EXTENSION – RUSH COUNTY

HEALTH & HUMAN SCIENCES

“IMPROVING THE QUALITY OF LIFE FOR INDIVIDUALS, FAMILIES, AND COMMUNITIES THROUGH INFORMAL EDUCATIONAL PROGRAMS AND EDUCATIONAL MATERIALS.”

As the Health & Human Sciences Extension Educator with Purdue Extension in Rush County, I provide a variety of programs, materials, and information for the residents of Rush County in areas that affect the quality of their lives. I work with individuals, groups, and organizations in the areas of foods and nutrition, family resource management, human development, and health education.

Programs dealing with parenting include *Have a Healthy Baby*, *Parenting Counts*, *Block Party*, *Parenting Piece by Piece* and the *Just in Time Parenting e-newsletters*.

Information about our programs can be obtained by contacting our office.

Gracie N. Marlatt, CFCS
Extension Educator, Health & Human Sciences
gnmarlat@purdue.edu

JUST IN TIME PARENTING

Just in Time Parenting (JITP), from eXtension.org, is an outreach innovation that brings quality, research-based information to families at the time it can be most useful and make the biggest difference in their lives. Over the past 25 years, Cooperative Extension faculty in land-grant universities have developed and evaluated an unusually parent-friendly series. Capitalizing on the “teachable moment,” monthly “just in time” newsletters are delivered – keyed to the age of each parent’s child. A team of Extension professionals from over 30 land-grant universities are transforming these research-based age-paced newsletters into a national interactive Internet resource on parenting. When registering for the newsletters please use the Indiana coupon code— IN10JITP.

Website: <http://www.extension.org/parenting>

Facebook: <http://facebook.com/JustInTimeParenting/info>

Purdue Cooperative Extension Service

101 East Second St. Courthouse, Room 103

Rushville, IN 46173

www.extension.purdue.edu/rush

(765) 932-5974

4-H YOUTH DEVELOPMENT

The 4-H Youth Development program assists youth and adults in their development by conducting hands-on educational programs, using the knowledge base of Purdue University, other land grant universities and the United States Department of Agriculture. 4-H is a great opportunity for families to work together toward a common goal. 4-H uses age-appropriate activities and allows for creative expression of thoughts and ideas through project work. Traditional 4-H is for grades 3 through 12. Cloverbud 4-H is available for kindergarten, first, and second grades. Family involvement is stressed and makes for a more successful experience. Also available are different educational programs and opportunities for school enrichment. Further information about joining 4-H or other educational programs can be obtained by contacting our office.

Kristie Amos

Extension Educator/CED

4-H Youth Development kamos@purdue.edu

FAMILY NUTRITION PROGRAM

The Family Nutrition Program (FNP) through Purdue Extension provides free information about foods & nutrition for individuals & groups. The program assistant uses a variety of hands-on-food preparation and other interactive activities. FNP helps people make healthy changes, and serves anyone who has limited resources.

Tonya R. Campbell, Family Nutrition Program Assistant
trcampbe@purdue.edu

HEAD START- RUSH COUNTY

INTERLOCAL COMMUNITY ACTION PROGRAM

Head Start is a no-cost preschool program that helps develop the educational, physical, and social-emotional lives of children so they are well-prepared for their future education. Head Start has five classes at three locations in Rush County with some transportation available. Children must be 3 or 4 by August 1st of the current year. Interested families can contact the Rush County ICAP Outreach Office at 765-932-2863 or contact the Main Office at 765-529-4403.

- Locations in northern Rush County, Rushville, and Milroy
- Some morning and afternoon classes
- Free for families that qualify
- Limited bus service available

RUSHVILLE PUBLIC LIBRARY

It is the mission of the Rushville Public Library to:

Respond to the information needs of all citizens of our community;

Enhance and encourage imagination, exploration, recreation, and intellectual growth;

Anticipate and address the cultural, educational, business, and technology interests of the public; and

Develop and provide a welcoming environment that promotes literacy, learning, and an improved quality of life.

The library provides programs for all ages, but focuses on children from infants to 18. Some of these programs include weekly story times for preschoolers (infants to 5 years old), monthly after-school programs for children K-12, and a summer reading program for infants through adults (May-July). All children (pre-school – 12th grade) can get a free library card no matter where they live within Rush County.

Library services are free to those who reside or own property within the Rushville city limits. People who live outside the city limits must pay a fee which is determined by the State of Indiana. Some county townships pay part of this fee. However, everyone is welcome to visit the library and use its resources in-house at no cost. It's a relaxing, peaceful place for parents and grandparents to visit with their children and discover the joys of books and learning.

130 W. 3rd Street Rushville, IN 46173

www.rushvillelibrary.com

(765) 932-3496

rpl@rpl.lib.in.us

CHILDREN'S ACTIVITIES

RUSH COUNTY YOUTH LITTLE LEAGUE

Spring Leagues: April – June; Fall Leagues: August - September

Contact: Ryan Berkemeier – (765) 561-0192

T-Ball – Boys and Girls, ages 4-7

Developmental League BB-Boys and Girls, ages 5-6

Girls' Softball – Ages 5-18

Boys' Little League Baseball – Ages 5-16

Laughlin Park – 2nd & Spencer Streets, Rushville

publicpaint@frontier.com

BOYS & GIRLS CLUB BASKETBALL

Girls – 3rd through 6th grade – November/December

Boys – 3rd through 6th grades – January/February

Boys and Girls – ages 5 through 2nd grade – 5 Saturdays in March/April

1590 N Sexton Street, Rushville

Contact: Chet Walker

765-932-2765 or cell 765-561-1718

Email: bandgclub@myomnicity.com

OPTIMIST YOUTH SOCCER

Boys & Girls, Kg – 6th grade, Saturday mornings, September/October

Soccer fields behind Rushville Elementary School

West 16th Street, Rushville

Contact: Ken Rushton – 765-932-3410

kennethrushton@us.aflac.com

RUSH COUNTY YOUTH FOOTBALL

Flag football – grades K-2

Full contact football – grades 3-6

Sign-ups in May; Practices-August; Season runs through October

All home games played on high school football field

Flag football games and practices take place behind Middle School

Flag football practices once a week; games – Sat. afternoons

Tackle foot practices twice per week; games on Saturdays

Contact: Paul Barada Jr. – (765) 932-6932

paul@baradalawoffices.com

RUSH COUNTY PARKS BOARD SUMMER DAY CAMP

Contact: Aaron Gurley

(see Rushville City Offices website)

YOUTH BOWLING LEAGUE – RUSHVILLE BOWL

Twice per year: November – February; mid-June – July

3rd grade through high school

Contact: Jim Ephlin

1124 S State Road 3, Rushville – (765) 932-5389

mrbowling1@frontier.com

Website: www.rushvillebowl.com

INDOOR SOCCER LEAGUE – ARLINGTON ELEMENTARY SCHOOL

Sponsored by Arlington PTO
Grades Kg – 6th grade
Saturday mornings, 5 weeks in January/February
2533 N 700 W, Arlington
765-663-2416

RUSH COUNTY PLAYERS

Theatrical opportunities for all ages
At least one play each year includes a cast of all kids
306 N. Main Street, Rushville
Mailing address: PO Box 33, Rushville
765-938-1711 (voicemail)
rushcountyplayers@yahoo.com
“Like” us on Facebook

SUMMER READING PROGRAM – RUSHVILLE PUBLIC LIBRARY

6-8 weeks during the summer
All ages welcome (from infants to senior citizens)
Contact: Sue Otte (see Library information above)
Story Time – Rushville Public Library
September through May
One day per week (usually Thursdays) in the mornings
Infants to age 5
Contact: Jan Garrison or Pam Vogel (see Library information above)
After School Events – Rushville Public Library
Once quarterly during the school year
First grade through High School
Contact: Jan Garrison or Pam Vogel (see Library information above)
765-932-3496
rpl@rpl.lib.in.us
Website: www.rushvillelibrary.com

YOUTH SWIMMING LESSONS

Waggener Community Pool
1601 N. Sexton Street, Rushville
Each summer in July – All ages of kids accepted
Contact: Rita Kaster
(765) 932-7100 (on or after Memorial Day weekend)

RUSH COUNTY 4-H CLUBS

See 4-H Youth Development above.

PARKS & RECREATION DEPARTMENT CITY OF RUSHVILLE

The Parks & Recreation Department provides families with acres of outdoor enjoyment. The system consists of several parks with playground equipment, miles of walking trails, and numerous special events throughout the year for children and adults. Riverside Park, on the south side of Rushville, boasts a beautiful amphitheater where music lovers can enjoy various concerts from spring to autumn. On the north end of Rushville, Waggener Community Pool is a center of summer fun from just after Memorial Day until mid-August.

The Parks & Recreation Department also sponsors:

- Youth & Adult t-ball, softball, and baseball
- Valentine's Day dance for middle school students
- Horseshoe tournament in late summer
- Halloween Parade & costume judging

For a romp in the outdoors, a family picnic, or a healthy walk, visit one of Rushville's beautiful parks!

For more information: City Hall (765) 932-3735

Parks Office (765) 932-4146

visit our website: <http://www.cityofrushville.in.gov/parks.asp>.

PRESCHOOLS

Rush County has several options for pre-kindergarten education. Head Start, Rush County Schools, some of our churches and some private businesses offer parents a choice.

WACKY WEDNESDAY AFTERSCHOOL PROGRAM

From September to May
Wednesdays from 2:30 pm – 4:00 pm
Milroy United Methodist Church
114 N. Pleasant, Milroy, IN 46156
For Elementary students: Christian stories, crafts, snacks, and music
No charge.

CHILD SAFETY SEAT RUSHVILLE POLICE DEPARTMENT

The Rushville Police Department located at 270 W 15th Street, Rushville, Indiana, established a child restraint safety public service. The focus of the program is geared at protecting Hoosier children's lives while in transit on Hoosier Highways.

The permanent fitting station is located at the Rushville Police Department and is open during normal business hours by appointment only. Parents and caregivers can call the Rushville Police Department at (765) 932-3907 to schedule an appointment to have their car seat installation evaluated from 7am until 5pm Monday through Friday. The station is staffed by a nationally certified child restraint safety technician who will inspect the car seat and instruct caregivers on how to properly secure children in their vehicles.

Statistically one out of every five car seats is used incorrectly. Improper use of a child safety seat can lead to severe injury and/or death of a loved one.

Caregivers will also be provided with educational material in the form of instructions and information on proper child restraint information.

According to Indiana state law, children from birth to age eight are required to be restrained in proper child restraint devices. Children ages eight to sixteen years of age are still required to ride in proper safety seat restraining and/or seatbelt. This law applies to all vehicle seating position including trucks.

The Governor's Council on Impaired & Dangerous Driving is funding this program with technical support provided by the Automotive Safety Program at Riley Hospital for Children, and the Indiana University School of Medicine.

More information is available by visiting www.preventinjury.org.

GIRL SCOUTS OF CENTRAL INDIANA

Girl Scouts builds girls of courage, confidence, and character, who make the world a better place.

“On my honor, I will try: To serve God and my country, to help people at all times, and to live by the Girl Scout Law.”

Contact Holly Hurbert at (317) 924-6816, or at
www.girlscoutsindiana.org

BOY SCOUTS OF AMERICA

For over 100 years, the national organization Boy Scouts of America has remained faithful to its pledge to do its duty for God and country. We are honest, trustworthy, doers of good deeds and experienced in outdoor survival. Scouts camp, climb, learn emergency preparedness, experience different areas that are useful for future job positions (i.e. wilderness survival, computers, farm mechanics, chemistry and more). These experiences are meant to build character, gain independence and make them better citizens in their community, nation and the world.

This summer Rush County Scouts will plan many activities, including summer camp:

Cub Scouts - 4 packs (Boys 1st - 5th grade)

Boy Scouts - 4 troops (Boys 11- 18 years)

Explorer Post 28 for young men and young women (14-20 years) focusing on law, government and public service.

There are approximately 150 youth and 115 dedicated leaders in Rush County. Come join us for an adventure you will never forget!

For information contact the Hagerstown Scout Office at
(765) 489-4552 or Patrick Walls at 765-489-4552

BOYS AND GIRLS CLUB OF RUSH COUNTY

The mission of the Boys and Girls Club of Rush County is to enhance the quality of life for boys and girls as participating members of a richly diverse society.

The Boys & Girls Club helps youth help themselves by realizing their potential for growth and development as they grow into contributing human beings with the necessary skills for living.

For this to be accomplished, we must provide service based on principles of behavior guidance which will achieve the health, social, educational, character and leadership development of our members.

Any boy or girl between the ages of 5 and 19 can join. No child will be turned away because of the inability to pay the dues. Hours during the school year are Monday – Thursday after school until 8:00 pm and Friday after school until 6:00 pm. Vacation and summer hours are posted.

1590 North Sexton Street, Rushville, IN 46173
Phone: (765) 932-2765; Fax: (765) 938-4607

PARENTING WITH LOVE & LOGIC

HOME/SCHOOL LIAISONS

RUSHVILLE ELEMENTARY SCHOOLS EAST & WEST

The Home/School Liaisons of Rushville Elementary School East & West serve as a link between home and school. We strive to work together to support our students and families. We are able to provide assistance through individual, group, or family sessions. These sessions can occur in the school, home or community environment. We also teach character traits to all students including respect, responsibility, ways to be peaceful, problem solving skills and active learning skills through our Bucket Filler Program.

In addition, we offer ideas to families through our “Parenting with Love and Logic” program. The philosophy of this parenting program is to teach children responsibility while avoiding power struggles. Parenting with love and logic will help your children develop into self-confident, motivated individuals prepared to handle real world situations. Please contact the school for additional information.

RES East Home/School Liaison
(765) 938-1616

RES West Home/School Liaison
(765) 938-1509

RUSH COUNTY SCHOOLS FACS EDUCATION

Students attending Rush County Schools receive parenting education through the Family & Consumer Science (FACS) classes. All 8th graders have 45 days of FACS at Benjamin Rush Middle School. In that class they will explore: Life & Careers, Financial Literacy & Resources, Nutrition & Wellness, and Human Development and Relationships.

At Rushville Consolidated High School students may choose FACS classes as electives. Class choices may include Child Development & Parenting, Interpersonal Relationships, Adult Roles & Responsibility, Nutrition & Wellness, Sports Nutrition, and Advanced Nutrition & Foods. Not all classes are available every semester.

II. ASSISTANCE

2-1-1

Call 2-1-1 for Information and Referral for local human services, health services and opportunities to help in your community:

- Food Banks and Food Assistance Programs
- Housing Needs and Homeless Shelters
- Utility and Financial Assistance
- Health Services and Long-term Care Programs
- Foster Parenting and Adoptions
- Volunteer Opportunity
- Abuse Shelters
- Clothing Assistance
- Other Human Needs Information
- Information regarding services provided by local churches

2-1-1 Service is available 24-hours a day, 7 days a week.

A trained professional will answer your call and assist you by providing information and referral to help you locate sources for assistance. 2-1-1 in Rush County is provided by Area 9 Agency which serves Rush, Fayette, Franklin, Union & Wayne Counties. All calls are confidential and at no cost to the caller.

“RIDE RUSH” PUBLIC TRANSPORTATION

"Ride Rush" is an on-demand public bus service for all citizens of Rush County, provided through Rush County Senior Citizens Services, Inc.

Hours of operation are:

Tuesday through Friday 7:00 am to 5:00 pm.

Fares per stop are charged for those under 60 years of age. Those over 60 years of age have a suggested donation of \$1.50 per stop. Arrangements for pick up are requested 24 hours in advance.

Call (765) 923-2935

for further information and to schedule rides.

RUSH COUNTY VICTIM'S ASSISTANCE

“Rush County Victims Assistance works to offer a safe shelter and support services to victims of domestic violence and abuse; and to educate the Rush County community regarding domestic violence and its prevention.”

Phoenix House provides safe housing to victims of domestic and/or sexual assault and their families. Our volunteer staff is caring, compassionate, and supportive. Our Executive Director provides specific services including crisis counseling and intervention, advocacy, legal and court direction, community education, and referrals to available services in Rush County.

Rush County Victims Assistance, Inc.
Phoenix House
P.O. Box 303
924 N. Main St. Rushville, IN 46173
<http://www.rcva.org>

Barbara J. Kuhn Executive
Director (765) 938-1555
Cell (765) 561-3419
rcva924@myfrontiermail.com

WOMEN, INFANT, AND CHILDREN (WIC)

WIC is a nutrition program that helps pregnant women, new mothers, infants and young children eat well, learn about nutrition and stay healthy. Income guidelines do apply.

Who is eligible?

Pregnant women

New moms (up to six months after delivery)

Breastfeeding moms (up to one year after delivery)

Infants and Children to the age of 5

For more information contact Tracy Fortman

(765) 983-8044

For Rushville office (765) 938-5502

509 Conrad Harcourt Way

Rushville, IN 46173

RUSH COUNTY CASA

The Court & Child Advocacy Group's Rush County CASA program is a local nonprofit organization that trains and supports community citizen volunteers to speak and act as advocates for the best interests of children in the foster care and the child welfare system.

For additional information about the Rush County CASA program contact local program manager:

Kathy Harrell at (765)544-0067

kathy.casa.ccag@gmail.com.

You can also learn more by visiting the National CASA Association's website www.CASAforChildren.org.

I.C.A.P. RUSH COUNTY

Interlocal Community Action Program

Energy Assistance Program (EAP) November through May 15th or until funds are exhausted (A one-time benefit toward electric and heat for income eligible households) EAP can help assist families with a portion of their heating costs.

Energy Education Training Training is held for EAP eligible households to learn ways to conserve energy. Clients attending the training will receive an energy conservation kit. Trainings are held during the summer months.

Summer Cooling Program June through September or until funds are exhausted: As funds become available, income eligible households receive a one-time credit toward their electric bill, or if requirements are met, households may be able to receive an air conditioner with a doctor's statement explaining a health issue.

Head Start - For information at (765) 529-4403 or (765) 932-2863

Section 8 Housing Choice Voucher Program - Client must first be placed on the wait list. At the time of printing the wait list is closed and there is not a date available as to when it may open. When client's name comes to the top of the wait list, a packet of information is mailed to them. Once the required information is returned, income and assets are verified and a criminal background check is completed, the client is issued a voucher and begins seeking safe & affordable housing.

The Retired Senior Volunteer Program is a volunteer network serving Henry, Hancock and Rush Counties. People age 55 years of age or older volunteer in their community to help make a difference by mentoring or tutoring children, assist victims of natural disasters, lead fundraising efforts, clean up the environment and much more.

The Foster Grandparent Program offers anyone age 60 years of age or older the opportunity to provide children the much-needed attention that can change lives. They must be able to volunteer an average of 20 hours per week; meet income guidelines, and love children. Foster Grandparents can help children to read, care for children with disabilities and offer counseling to those who need it. Foster Grandparents are the people children in need depend on for love, wisdom, and support.

Rush County Interlocal CAP, Inc.

525 E 7th Street

Rushville, IN 46173

765-932-2863 www.icapcaa.org

COMMUNITY PARTNERS

- ✓ Free and voluntary.
- ✓ Provides resources, information and referrals.
- ✓ In-home visitation program.
- ✓ Community Liaisons assist families with developing and meeting specific, family-centered goals.
- ✓ Liaisons help families discover and connect with local community supports and services.
- ✓ Families are eligible if they have a child 0-18 in their care and custody that resides in Rush, Fayette, Franklin, Union, Henry, and Wayne Counties.
- ✓ Families cannot be actively involved with Department of Child Services or
- ✓ Healthy Families.

Community Partners for Child Safety- Region 12
2508 Western Ave., Suite E, Connersville, IN 47331
Tel: (866) 431-4439
Fax: (765) 827-6097

DIVISION OF FAMILY RESOURCES

The Division of Family Resources determines eligibility for Cash Assistance, Food Assistance and Medical Assistance to families, single adults and children. There are financial and resource requirements for most programs. An application can be filed on-line at www.in.gov/fssa/2343.htm or by calling **1-800-403-0864**. Or you may come to the office and complete an application. We have a new hybrid system which makes the process so much simpler.

148 U.S. 52 E. Rushville, IN 46173
Office Hours: Monday – Friday, 8 am – 4:30 pm

DEPARTMENT OF CHILD SERVICES

The Indiana Department of Child Services (DCS) protects children from abuse and neglect. DCS does this by partnering with families and communities to provide safe, nurturing, and stable homes.

Rush County Dept. of Child Services
1340 N. Cherry Street, Rushville IN 46173
Office Hours – 8 am – 4:30 pm
Phone: (765) 932-2392

www.in.gov/dcs

Child Abuse & Neglect 24-hour Hotline: 1-800-800-5556

LITTLE BLUE RIVER FRIENDS CHURCH

This Rush County church has a Food Pantry ministry. It is open the first Saturday of each month 10:00 am – 12:00 pm and the third Wednesday of each month 4:00 – 6:00 pm. People may come both times if needed.

Peggy Caldwell
Little Blue River Friends Church
5939 N 800 E Morristown, IN 46161
765-763-6004

RUSH COUNTY COMMUNITY ASSISTANCE

The Rush County Community Assistance Food Pantry is open Tuesdays and Thursdays from 10am-1pm. We require a photo ID and a proof of residency like a utility bill, insurance receipt or hospital bill, etc. We will take pictures of the two ID's and place them in a file. You may return for food once every 28 days.

Rush County Community Assistance
109 E 3rd Street
Rushville, IN 46173

BLUE RIVER COMMUNITY HARVEST, INC.

The Blue River Community Harvest, Inc. is a provider of food, clothing, and guidance with day-to-day living serving residents in and surrounding Northwest Rush County. Services are provided at no cost. Clients need to bring proof of the number of individuals living in the household.

HOURS OF OPERATION

Food Hours:

2nd and 4th Saturdays 8-11am and alternate Tuesdays from 6-8pm (during the weeks when there is not a Saturday food distribution)

Clothing Hours:

2nd and 4th Tuesdays, 6-8pm

Special Events by Pre Registration: Backpack and supplies

Coat Distribution and Thanksgiving and Christmas assistance available

9462 N. Carthage Pike, Carthage, IN

(Go north on Main St. in Carthage. Cross the railroad tracks. Ahead on the right, just past the water tower.)

PO Box 418, 9462 N Carthage Pike,

Carthage, IN 46115

Phone: 765- 565-6960

Executive Director: Robin Goodpaster, (317) 402-4089

www.bluerivercommunityharvest.org www.facebook.com/pages/Carthage-IN/Blue-RiverCommunity

ST PAUL'S UNITED METHODIST CHURCH NORRIS FUND, HOPE SPOT & OUTREACH CLASSES

St. Paul's United Methodist Church's Norris Fund provides assistance with medication. They will help with up to \$50 for non-narcotic medications on a one-time basis. Medications are purchased through Rushville Pharmacy.

Contact: Church Office

426 N. Morgan Street

Rushville, IN 46173

765-932-777

Office hours: 9:00 am – 1:00 pm Monday – Friday

Watch for **HOPE SPOT-Helping Other People Everywhere St. Paul's on Tour** This new ministry on wheels will be offering new & used clothing and more for all ages. Events will be publicized.

St. Paul's also provides assistance in the way of educational out-reach classes including Dave Ramsey's Financial Peace University and others. To be added to the contact list for future classes, including parenting classes, please call (765) 932-3777.

GOD'S STOREHOUSE INC.

God's Storehouse ministry collects, stores, and distributes donated items for individuals and families in times of need. Our mission is to help those who find themselves in crisis situations and to help with unexpected burdens. There is no cost for these items. Some of the items include bedding, kitchen utensils, appliances, furniture, handicap accessories, car seats, baby beds, clothing in all sizes, and various other items as available.

For more information or to schedule an appointment contact:

Mary Jayne Apple @ 765-679-5989

Tim Starkey @ 765-932-5795

RUSH COUNTY TOWNSHIP TRUSTEES

An up-to-date listing of the Rush County Township Trustees can be found at www.rushcounty.in.gov. The township trustee is designated as the administrator of emergency assistance within his or her township.

Legal Aid

Legal Aid - District Eleven is a non-profit agency, providing free legal services and lawyer referrals to low-income individuals in our eight county district. If you are in need of free legal help and you live in or have a case in Bartholomew, Brown, Decatur, Jackson, Jennings, Johnson, Shelby or Rush counties, Legal Aid - District Eleven can help you with your civil legal matter or place you with one of our volunteer attorneys.

If you do require free legal help, please call our intake line at
1-877-378-0358.

Note: you must first meet the federal poverty income
guidelines for free legal help

ST. MARY CATHOLIC CHURCH FOOD PANTRY

Pick-up time is at 5:30p.m. on Wednesdays at the northwest corner of St. Mary Catholic School, 226 E. 5th Street, Rushville. You must call on Monday or Tuesday for a food pick-up on Wednesday. Please bring a copy of a utility bill, for proof of address. Those receiving food must be a resident of Rush County. You can only receive food once every 30 days. One (1) order per household. A member living at the same address must pick up the food. We ask you to be on time when picking up your order.

Contact: St Mary Catholic Church Food Pantry
512 N Perkins St
Rushville IN 46173
Ph.#: 765-932-2588

ASSITANCE UPDATES

Rush County offers a variety of assistance programs. Use this space to list ones not included in this booklet.

III. CHILD CARE INFORMATION

CHILD CARE VOUCHER PROGRAM/ CHILDREN'S BUREAU

The Child Care Development Fund (CCDF) otherwise known as the voucher program is a federal program that assists low-income families, families receiving temporary public assistance, and those transitioning from public assistance in obtaining childcare so they can work, attend training, or continue education.

Parents/foster parents must be working or going to school or have a referral from Department of Child Services (DCS) or a referral from TANF/ IMPACT, be within income guidelines, have proof of identity for all family members and be a resident of the county in which they are applying for assistance.

The family receiving assistance must be U.S. Citizens or qualified legal aliens. There is currently a waiting list for child care voucher services in all counties (including Rush County) and income guidelines apply.

Call 1-866-494-5330 and leave a message requesting a waiting list application along with your name and full address (including city and zip code).

You may also download the waiting list application.
<http://www.childrensbureau.org/corp/services/ccdf.php>

The voucher program is provided through Region 5A of the Children's Bureau, which serves Rush, Bartholomew, Brown, Decatur, Fayette, Franklin, Hancock, Henry, Johnson, Shelby, Union and Wayne counties.

CENTER CARE *(AFTER-SCHOOL PROGRAM)*

Center Care is an after-school ministry of Center Christian Church that exists for the purpose of providing quality, Christian-based childcare for children Kindergarten - 6th grades. We provide a staff-assisted homework time, healthy snacks, devotional time, supervised recreational time, and are open every school day until 6 p.m.

Transportation is currently provided for children attending Mays Elementary. Center Care is open both to part-time and full-time students. There is a fee based on the number of days that the child attends. For more information, please call Center Christian Church at (765) 645-5348.

Nadine Jarvis, Director
Center Christian Church
9112 N. County Rd. 50 W. Knightstown, IN 46148

CHILD CARE RESOURCE & REFERRAL

Huffer Memorial Children's Centers offer Child Care Resource and Referral (CCR&R) services for families that are designed to equip families with the information they need to make informed choices about early care and education for their young children. Personalized, free child care referrals to legally operating child care providers are supplied promptly, usually within 48 hours of the request. Child care referrals from Huffer CCR&R are comprehensive and are accompanied by child-age specific resources and an interview checklist to assist in identifying high quality care.

Servicing Delaware, Fayette, Hancock, Henry, Madison, Randolph, Rush, Shelby, Union and Wayne Counties.

Contact Information:
3413 W. Fox Ridge Lane
Muncie, IN 47304
Phone: (765) 284-0887
Toll Free: (800) 554-9331
Website: <http://www.huffermcc.org>

IV. DISABILITY RESOURCES

FIRST STEPS

Indiana's First Steps System provides early intervention services to infants and young children ages birth to the third birthday, who are experiencing developmental delays and/or have a diagnosed condition that has a high probability of resulting in developmental delay in the areas of:

- Cognitive development
- Physical development, including vision and hearing
- Communication development
- Social and/or emotional development
- Adaptive development, including eating, dressing and toileting skills, etc.

Rush County families are served through Aging and Community Services of South Central Indiana, Inc.

Anyone can make a referral to Thrive Alliance!

Just call Toll-free at 1-866-644-2454

www.firststepssoutheast.org

spoe@thrive-alliance.org

CHANGING HEARTS

Changing Hearts is an organization that promotes equal opportunity in our community for children with special needs and their families where limited or no access currently exists. We also work with other agencies and programs to help increase access for those with a special need.

We host informational seminars with guest speakers throughout the year covering various topics that are relevant to families raising children with special needs as well as host events such as an Easter egg hunt, Sensitive Santa, sensory parade areas, sports days, movie nights, and many other fun activities throughout the year!

To learn more about us please visit

changinghearts70.com

Find our Changing Hearts Facebook group to connect with families and get the latest information on upcoming events and dates for our monthly meetings!

We can also be reached at
(765) 932-2405 and (765) 932-4870.

FAMILY VOICES

Family Voices Indiana is a family-led organization that provides information, education, training, outreach, and peer support to families of children and youth with special health care needs and the professionals who serve them.

Do you have a child with special health care needs and/or a disability?

Do you support or teach a child with exceptional needs?

Do You Need Help With: First Steps? Special Education? Medicaid?
Medicaid Waivers? Respite? Health Care Funding? Health Care Services?

Family Voices Indiana is staffed by trained family leaders who have children with special health care needs, and expertise in these programs. We have specialists who speak Spanish, too.

CALL US AT 317.944.8982
EMAIL US AT INFO@FVINDIANA.ORG

ARC OF RUSH COUNTY

We are a support group. Our mission: The Arc promotes and protects the human rights of people with intellectual and developmental disabilities and actively supports their full inclusion and participation in the community throughout their lifetime. The Arc of Rush County is also affiliated with the State and National Arc. It has a strong voice with our politicians to get done what needs to be done for those with mental and physical challenges.

PO Box 44
Rushville, IN 46173
765-932-5190
www.arcind.org

ONE COMMUNITY ONE FAMILY

One Community One Family (OCOF) is a collaborative working to improve the system of care in Southeastern Indiana, particularly for youth with emotional issues and their families. OCOF supports evidence-based care coordination models such Wraparound and Transition to Independence Process, peer-to-peer support, as well as system-level work with partner agencies by providing technical assistance in strategic planning, implementing effective practices, social marketing, change implementation, evaluation, and trainings.

For additional information about One Community One Family and the services available that they support, please visit

www.onecommunityonefamily.org

or call them at (877) 967-OCOF (6263).

Administrative Office
22 North Park Street
Batesville, IN 47006
Phone – 812-532-3441

ABOUT SPECIAL KIDS (A.S.K.)

We are the place for families and professionals in Indiana to go to “ASK” questions about children with special needs and to access information and resources about a variety of topics such as health insurance, special education, community resources, and medical homes. ASK is your connection to family support in the state of Indiana.

Website: <http://www.aboutspecialkids.org> Central Office
7172 Graham Road, Suite 100
Indianapolis, IN 46250
Toll Free: 1-800-964-4746 familynetw@aboutspecialkids.org
asktraining@aboutspecialkids.org
Business Hours: Monday-Friday 8am-4:30pm

FAMILIES UNITED FOR SUPPORT AND ENCOURAGEMENT (F.U.S.E.)

Families United for Support and Encouragement is committed to improving the lives of children with disabilities and their families through education, public awareness, advocacy, support, resources/referrals, networking and community activities. We serve families in east central Indiana with children from birth through age 22. To request information or find resources to help a child with special needs:

FUSE, Inc.
PO Box 314
Greenfield, IN 46140

Email: info@fuseinc.org Call (317) 462-9064
visit our website www.fuseinc.org

INDEPENDENT LIVING CENTER OF EASTERN INDIANA

We work with anyone with any type of disability of any age free of charge. We have four core services: (1) information and referral, (2) individual and system advocacy, (3) independent living skills training, and (4) peer support.

Many individuals aren't aware of what services/programs are available to them and we can give them that information as well as guide them through sometimes complex programs and application processes including advocating for children in schools through their case conferences and getting those services and/or assistive technology they may need. We serve Fayette, Franklin, and Rush, Henry, Decatur, Union and Wayne counties.

1818 West Main Street
Richmond, IN 47374
www.ilcein.org

missw@ilcein.org
877-939-9226 (office)
765-277-2498 (cell)

Missy Watts

IN*SOURCE

IN*SOURCE provides information and support to families to help them understand the special education process and how to advocate for the needs of their children so that they might achieve educational success. We have 18 regional offices in different communities throughout Indiana and all of our Program Specialists have a family member with a disability. Assistance is available locally by contacting Aimee Herbert, the program specialist who works with families in Rush and surrounding counties. She can be contacted at (765) 629-2707 or by email at aherbert@insource.org

For more information, contact IN*SOURCE at 1-800-332-4433
Email: insource@insource.org.
Access our website at www.insource.org and visit us on
Facebook.

V. HEALTH & WELLNESS

RUSH COUNTY HEALTH DEPARTMENT

The Rush County Health Department was established to promote and enforce public health laws and needs. They:

- Record vital records including births, death and legal name changes.
- Investigate environmental concerns/complaints and oversee residential/commercial sewage disposal systems in the county.
- Provide public health nursing, childhood immunizations and track communicable disease in the county.

Some fees will apply.

Public Health Officer: Dorothy C. Boersma, M.D.

Rush County Courthouse

101 East Second Street,

Room 105

Rushville, IN 46173

(765) 932-3103

rdhnursing@rushcounty.in.gov

MENTAL HEALTH ASSOCIATION RUSH COUNTY

“Dedicated to promoting mental health and achieving victory over mental illness through advocacy, education and services.”

Rush County Mental Health volunteers give:

- Self-esteem programs to elementary school students;
- A program teaching about teen-age depression to Benjamin Rush Middle School health classes;
- Support to the Young Parent Group (young mothers who are staying in school to get their education) at the high school.

The Mental Health office has free brochures about Preventing Child Abuse, and free brochures for teen-age problems such as drinking alcohol, using tobacco, using marijuana, eating disorders, self-esteem, teen-age depression and many others. The office will gladly mail brochures, if requested.

Open Wednesdays and Fridays, 9am-1pm
939 S State Road 3
Rushville, IN
(765) 932-2004

HOPE CENTER

The Hope Center is a pregnancy resource center for men and women in Fayette County and surrounding counties. We offer medical services that include, STI testing and treatment and limited OB ultrasounds. We are a nonprofit, confidential center that wants to educate teens and adults and help stop the cycle they are in. We have been in Fayette County since 1997 and continuing to grow our services more and more.

Monday 12pm-3pm
Tuesday 12pm – 8pm
Wednesday 12pm-5pm
Thursday 12pm-8pm
Friday CLOSED

Marla Steele, Executive Director
Hope Center
765-969-8287 / 765-825-1244
531 N Central Ave., Suite 6
Connersville, IN 47331

www.hopepregnancycarecenter.com

RUSH MEMORIAL HOSPITAL

Resources for parents:

- Board Certified Pediatrician
- SafeSitter® Courses
- Specialized Pediatric Emergency Supplies and Equipment in Emergency Department
- Tobacco Cessation & Education Programs
- “Call Before Noon, Be Seen the Same Day” Program – offered Monday-Friday for sick visits
- After-Hours Walk-In Clinic – no appointment necessary
- Diabetes Education
- Immunizations & Allergy Injections
- CPR classes

1300 N Main Street
Rushville, IN 46173
(765) 932-4111
www.rushmemorial.com

MERIDIAN HEALTH SERVICES

Meridian Health Services is a family health practice. We care for patients from prenatal to the elderly; men, women, and children. We accept Medicaid, Medicare, private insurance and offer a reduced fee for patients that do not have insurance coverage based on household income.

Our hours are Monday – Friday, 8 am until 5:30 pm

Meridian Health Services
509 Conrad Harcourt Way
Rushville, IN 46173
During Hours: (765) 932-3699
After Hours: (765) 561-8247
www.meridianhs.org

CENTERSTONE

Centerstone provides a wide array of behavioral health services for children, adolescents and adults available at locations throughout south central Indiana. Walk-in evaluations are available in most areas. Centerstone uses the most current evidence-based treatment in practice.

Child and Adolescent Services, include:

- Parental guidance, education, and skill building
- Individual family therapy
- Skill building groups
- In-home, community, and school-based therapy and rehabilitation services
- Residential services
- Psychiatric evaluations, medication management and psychological testing
- Specialized treatment of oppositional defiant disorder (ODD), attention deficit and hyperactivity disorder (ADHD), depression, anxiety, and substance abuse

Individual and group services are also provided which are designed to:

- Develop conflict resolution and anger management skills
- Educate adolescents and teens about prevention of and treatment for drug and alcohol problems
- Support positive parenting
- Increase self-esteem and family cohesiveness

For more information about services call 1-888-983-8000 or visit our website at www.centerstone.org.

Centerstone
152 E US Hwy 52
Rushville IN 46173
(765) 932-3974

HARCOURT COUNSELING SERVICES, INC.

Harcourt Counseling is a private counseling office offering confidential counseling to individuals and families. We work with children (starting at age three), adolescents and adults and have over 25 years of experience. Treatment specialization includes:

- Depression and Anxiety
- Panic Attacks and Phobia
- Relationship Problems
- Divorce Recovery
- Grief and Loss
- Work and Career issues
- Stress Management
- Behavior Problems in Children
- Parenting and Family Issues
- Conflict Resolution/Anger Management
- Eating Disorders
- Attention Deficit/Hyperactivity Disorder

With sensitivity and compassion, we help families find solutions to a wide range of life challenges. Our goal is to provide confidential counseling and develop a trusting, professional relationship with our clients. We realize that beginning therapy can create some anxiety so we offer a relaxed, comfortable environment to put our clients at ease.

We want to provide the treatment that will be most helpful for each client. Our therapists and clients work together to develop a treatment plan that fits each client's unique needs. We help clients and families build on their strengths and achieve their goals.

Many health insurance policies cover services. Please call our office with your insurance information to determine if your health insurance might cover services for you.

For more information please visit www.harcourt counseling.com

Harcourt Counseling Services, Inc.

121 East Third Street Suite C Rushville, IN 46173 (765) 932-5905

VI. MENTORING & SUPPORT PROGRAMS

ALL PRO DADS

This program was started in 1997 by Tony Dungy. We meet once a month during the school year, except for December. Dads and their children eat breakfast and work through an All Pro Dad Agenda. The meeting, which focuses on different family topics, lasts 45 minutes.

MISSION STATEMENT:

Our goal is to enhance the family unit in our school community by promoting the importance of the family structure through the male role within our school. We want to meet the children's needs socially through mentoring and mental support by being present and supporting the importance of education. We also want to have children promote respect to adults, peers and themselves; develop character and self-respect; and to strengthen academic excellence.

OUR PHILOSOPHY: It takes a family unit, open communication and a positive environment to advance children socially and academically to enhance the importance of education achievement.

Rushville Elementary School East
(765) 938-1616

Rushville Elementary School West
(765) 938-1509

Mays Elementary School
(765) 645-5035

Milroy Elementary School
765-629-2323

BIG BROTHERS BIG SISTERS OF RUSH COUNTY

Big Brothers Big Sisters of Rush County's mission is to help children in need to reach their potential through professionally supported, one-on-one mentoring relationships with carefully screened volunteers. Our goal is to see successful mentoring relationships for all children who need and want them. This will contribute to better schools, brighter futures, and stronger communities for all.

The traditional program is for children in the Rush County community from ages 6 to 18 (or until they graduate). A child is matched with a "Big" or volunteer that best suits them. The match will spend 6 to 16 hours together per month.

The lunch buddy program is available at Milroy Elementary and is for any student recommended or interested. These students meet with a Buddy during their lunch hour only. Our volunteers are also from the Rush County community.

Elizabeth Heimsoth, Program Director

(765) 932-5449

Find Us On Facebook!

GRANDPARENTS AS PARENTS

Are you raising a second family? Are you a grandparent who expected to enjoy retirement and the role of spoiling your grandchildren, but due to circumstances beyond your control, find yourself raising those grandchildren? We can help you find ways to link with outside resources, find answers to your questions or find connections with others who share a common circumstance.

Area 9 In-Home and Community Services Agency
South 9th Street, Richmond, IN 47374
(765) 966-1795 or (800) 458-9345 ext. 520

Area 9 covers a five-county area, including Rush County.

Web site: www.area9agency.org
Facebook: Area 9 Caregivers

ALCOHOLICS ANONYMOUS & AL-ANON

AA is a recovery program for the person who has a problem physically, mentally, and spiritually with alcohol or drugs (legal and/or prescription). This 12-step program helps this person understand and manage this addiction without the use of mind-altering drugs. This is not a drug “treatment” program, but a group effort to deal with the problem.

Al-Anon is for the family, close friends, and loved ones concerned with someone’s problems with alcohol and drugs. This program helps them to understand and cope with the “disease”. This, also, is a 12-step program to help find serenity despite active drinking and/or drugging.

In Rush County, AA and Al-Anon meet every Monday at 7:30 p.m. at
St. Paul’s United Methodist Church Education Building,
426 N. Morgan Street, Rushville, IN.
Phone (765) 938-2421 for more information.

NOTES

This listing of Parenting Resources has been compiled by the Rush County Parenting Council. The most up-to-date version can be found at: www.extension.purdue.edu/rush and www.rush2health.org and may be printed from those sites. Corrections and additions should be sent to Gracie Marlatt - gmarlat@purdue.edu. Information can also be found on the Community Health Calendar at www.rushcounty.in.gov.
Edited & reprinted June 2014.

PARTNERS FOR A HEALTHY RUSH COUNTY

Founded in 2010, this coalition is working toward a comprehensive public health system for the citizens of Rush County, through the collaborative efforts of the many partners of the Rush County Health Department. It is open to anyone who has an interest in a healthy Rush County. For more information look for them on Facebook or call 932-3103.

ACTION TEAMS

- **FITNESS INITIATIVE TEAM OF RUSH COUNTY**

This team seeks to promote and encourage a more fit and active lifestyle for residents of Rush County of all ages. They are currently preparing for Rush2Health, a community campaign scheduled to kick-off on August 16, 2014. This is an open group and more information can be found on the Facebook page for Partners for a Healthy Rush County or by calling Purdue Extension – Rush County at 932-5974. Check www.rush2health.org for ongoing information.

- **RUSH COUNTY PARENTING COUNCIL**

This team seeks to improve parenting skills and provide support for families. It is a group of interested individuals and organizations/agencies that meet monthly to discuss ideas to promote better parenting in Rush County. Information can be found at their Facebook page or by calling Purdue Extension – Rush County at 932-5974.

- **TOBACCO-FREE RUSH COUNTY**

This team has been following the progress of the Indiana Smoke-free air law in Rush County. As a result, the Rush County Health Department has become a referral agency for the Quitline Program. Information about the Quitline Program can be obtained by calling the Health Department at 932-3103. www.IndianaQuitline.net or 800-784-8669.



PARENTING COUNCIL MEETINGS

Third Thursday of each Month

4:00 p.m. – 5:00 p.m.

Courthouse – Room 102

OBJECTIVES

To promote awareness of programs, opportunities, and assistance available to strengthen parenting effectiveness.

To encourage participation in opportunities to strengthen families.

For more information contact:

Purdue Extension – Rush County

765-932-5974

gnmarlat@purdue.edu

Rush County



Parenting Council



Find us on
Facebook

Funding provided by the Rush County Health Department